What is community-based participatory research?Some ideas on Community Based Participatory Research

\_\_\_You define community-based participatory research as research conducted by and for those most directly affected by the issue, condition, situation, or intervention being studied or evaluated

*Why would you use community-based participatory research?*

\_\_\_It yields better and more nearly complete and accurate information from the community

\_\_\_Involving the community in research makes a positive outcome that meets community needs more likely

­­\_\_\_Action research trains citizen researchers who can turn their skills to other problems as well

\_\_\_Involvement in CBPR changes people’s perceptions of themselves and of what they can do

\_\_\_Skills learned in the course of action research carry over into other areas of researchers’ lives

\_\_\_A participatory action research process can help to break down racial, ethnic, and class barriers

\_\_\_Action research helps people better understand the forces that influence their lives

\_\_\_Community-based participatory research can move communities toward positive social change

*Who should be involved in community-based participatory research?*

\_\_\_People most affected by the issue or intervention under study

\_\_\_Other members of the affected population

\_\_\_Decision-makers

\_\_\_Academics with an interest in the issue or intervention in question

\_\_\_Health, human service, and public agency staff and volunteers

\_\_\_Community members at large

*When should you employ community-based participatory research?*

\_\_\_There’s time to properly train and acclimate community researchers

\_\_\_The research and analysis necessary relies on interviews, experience, knowledge of the community, and an understanding of the issue or intervention from the inside, rather than on academic skills or an understanding of statistics (unless you have the time and resources to teach those skills or the team includes someone who has them)

\_\_\_You need an entry to the community or group from whom the information is being gathered

\_\_\_You’re concerned with buy-in and support from the community

\_\_\_You want to have an effect on and empower the community researchers

\_\_\_You want to set the stage for long-term social change

How do you institute and carry out community-based participatory research?

\_\_\_You recruit a community research team

\_\_\_You orient and train the research team

\_\_\_The team determines the questions the research or evaluation will try to answer

\_\_\_The team plans and structures the research activity

\_\_\_As a team, you carry out your plan

\_\_\_The team prepares and presents a report and recommendations on its work

\_\_\_You take, or try to bring about, appropriate action

\_\_\_You evaluate the process

\_\_\_You provide an opportunity for team members to reflect on and discuss their learning and the effects of the experience of being involved in a CBPR process